

Acute Community Service

A community mental health service that comes to the home.

Services provided

- Psychoeducation
- Relapse prevention planning
- Skills training in management of symptoms and medication
- Exposure therapy
- Brief therapeutic interventions
- Occupational therapy assessment for the home environment
- Exercise physiology transition of hospital exercise plan to the community
- Social work assistance with financial, legal and housing issues
- Vocational support
- Community engagement

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About the service

This is a mental health home visit service supported by mental health nursing and allied health staff requested by the patient's Belmont Private Hospital's treating Psychiatrist. This service can be an alternative to a hospital admission or a part of the discharge plan from a hospital admission.

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Availability

This service is available Monday to Friday from 8:30am to 4:00pm. Public holidays, weekends and after hours are not available.

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Accessing the Service

Patients will need to talk to their Psychiatrist who will assess suitability and if appropriate, provide a referral for assessment.

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Cost

If the patient's private health fund supports the Hospital in the Home program it is likely they will be eligible for Belmont Private Hospital's Acute Community Service. Please be aware some health funds will differ as to how many community visits the patient is entitled to, or if there are any out-of-pocket costs. Our team can assist, once a referral is provided from the treating Psychiatrist.

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